

Ulnar Collateral Ligament Reconstruction

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This research is being done on the Ulnar Collateral Ligament (UCL) in college-aged baseball pitchers. This study's chief objective is to see how different types of repairs and subsequent rehabilitation affect return to play time. To date, there are three different types of UCL reconstruction that are used. These three are the traditional Tommy John procedure, the Docking Procedure, and the ZipLoop ulnar-sided fixation procedure. In my presentation I will explain these different procedures and how they affected the time of return to play.